

## Approved CHA Health Partners as of July 10, 2018

**\* CHA welcomes new health partners this month**

Organization	Contact Person	Phone Number	E-mail	Approved Activities
*American Lung Association	Michelle Hicks-Turner	312-445-2508	<a href="mailto:Michelle.Turner@Lung.org">Michelle.Turner@Lung.org</a>	Free smoking cessation programs, dissemination of educational materials on the negative impact of tobacco, secondhand smoke health outcomes.
Advantage Physical Therapy Associates	James Dallas, P. T.	630-901-3870	<a href="mailto:jimdallas2@aol.com">jimdallas2@aol.com</a>	Fall prevention presentations, blood pressure, range of motion, muscle strength and flexibility assessment.
1st Assist Home Healthcare LLC	Pamela Canete	630-339-3688	<a href="mailto:pcanete.1stassisthbc@gmail.com">pcanete.1stassisthbc@gmail.com</a>	Seminars on fall prevention, UTI prevention, diet management for diabetes and hypertension.
3 Angels Home Health	Mari Rios	847-581-1400	<a href="mailto:mari@3ahh.com">mari@3ahh.com</a>	Health and wellness program, public benefits counseling, income support
Addus Homecare	LaShun James, Regional Director	312-663-4647	<a href="mailto:lames@addus.com">lames@addus.com</a>	Health/wellness programs, health presentations on home and community services, education on available State and Federal programs, health and safety topics such as summer heat, how to stay healthy, fall prevention, etc.
Advocates Illinois Masonic Medical Center	Sandra Arellano Coordinator of Community	773-296-7355	<a href="mailto:sandra.arellano@advocatehealth.com">sandra.arellano@advocatehealth.com</a>	Service for Hattie Callner, Britton Budd, Edith Spurlock and Mary Hartwell Catherwood Senior buildings, on site wellness program seminars (wide variety of health topics); disease specific information, invite resident participation in annual Senior Resource Fair/Golden Age Program; form walking clubs.
Airhelp, Inc.	Irina Volberg	847-657-0502	<a href="mailto:airhelpmail@gmail.com">airhelpmail@gmail.com</a>	Education sessions on chronic conditions and comorbidities (diabetic care, congestive heart failure, sleep apnea), interactive activities, proper food selection and portion control.
Angel Touch Home Healthcare	Laura Ravago	773-907-0300	<a href="mailto:angeltouchhealthcare@gmail.com">angeltouchhealthcare@gmail.com</a>	Health and wellness presentations, teach on various illnesses, blood pressure screening
Attuned Care Comfort Hospice	Katrina Agnew	847-983-8257	<a href="mailto:katrina.agnew@attunedcare.com">katrina.agnew@attunedcare.com</a>	Presentation on The Five Wishes, Hospice 101, congestive heart failure, fall prevention.
Bucktown Foot and Ankle Clinic	Paras Parekh, DPM	312-493-3114	<a href="mailto:drp@bucktownfoot.com">drp@bucktownfoot.com</a>	Health/wellness programs, Isotonic/Isokinetic exercise programs and "Mini" cross-fit programs, provide laughter therapy, does literacy volunteering
Chicago Hope and Palliative Healthcare Inc.	Jeff Uju	773-392-2088	<a href="mailto:info@chicagohopeandpalliative.com">info@chicagohopeandpalliative.com</a>	Interactive educational activities, fall prevention measures, medication management, staying active and independent.
Churchview Supportive Living	DeVona Brown	773-471-4444	<a href="mailto:administrator@churchview-sw-slf.com">administrator@churchview-sw-slf.com</a>	Health education, medication management, health fairs, healthy food presentations, educational events and bingo.
Community Care Alliance of IL, NFP	Saadia Young Director of Marketing	312-491-1956	<a href="mailto:syoung@ccaillinois.com">syoung@ccaillinois.com</a>	Health and wellness programs and fairs, public health benefits counseling, income support, resource fairs, bingo.
Continental Home Health Care Inc.	Anthony Todd	312-375-6634	<a href="mailto:atodd60613@yahoo.com">atodd60613@yahoo.com</a>	Health education, awareness education on chronic and acute diseases, Medicare informational sessions.
Dr. Peter Hancock, D.P.M.	Peter Hancock, Podiatrist	847-409-5045	<a href="mailto:hancocxk30@sbglobal.net">hancocxk30@sbglobal.net</a>	Health and welfare program that encompasses the normal and abnormal conditions of the Feet and Legs, health education such as poor circulation, neuropathy (numbness), stroke (CVA), arthritic conditions, proper foot gear, self-examination, proper nutritional factor and exercise, non-invasive screenings, light refreshments.
Elite Medical Transportation	Mark Vanderberg	708-826-0426	<a href="mailto:trace@eliteamb.net">trace@eliteamb.net</a>	Educational presentations to build awareness about medical transportation options and insurance coverage. On site blood pressure screenings, provide residents with a tool to keep track of their personal health and medical information.
European Foot and Ankle Clinic	Paul Lebedev	847-502-3483	<a href="mailto:europeanfootandankle@gmail.com">europeanfootandankle@gmail.com</a>	Provide education/instruction on disease process and medication.
Georgia Doty HIV & Hepatitis Community Outreach Inc.	Don Doty	312-282-1375	<a href="mailto:dondoty@ameritech.net">dondoty@ameritech.net</a>	Provide evidence-based workshops to promote wellness for older adults, caregivers and individuals with ongoing chronic conditions, take charge of your health, take charge of your diabetes and matter of balance.

Global Premier Benefits	John Billings	773-418-8341	<a href="mailto:johnbillings@comcast.net">johnbillings@comcast.net</a>	Health and wellness programs, presentations and seminars, provide information about weight management, social security and Medicare.
Great Lakes Clinical Trials	Dean Hervochon	872-302-7072	<a href="mailto:dhervochon@greatlakesclinicaltrials.com">dhervochon@greatlakesclinicaltrials.com</a>	Provide presentations on Alzheimer's, diabetes, high cholesterol and cardiovascular issues.
Health Care USA Incorporated/Newage Home Health	Hellivie Terrell	224-725-9006	<a href="mailto:hellivie@att.net">hellivie@att.net</a>	Instruct residents on fire, safety measures and fall precautions, health and wellness, health fairs and sponsor activities, provide non-invasive procedures such as blood pressure.
Heartland Health Centers	Laurie Odell	312-287-6062	<a href="mailto:lodell@heartlandhealthcenters.org">lodell@heartlandhealthcenters.org</a>	Disease prevention, self-management techniques for chronic illnesses, promote wellness, health education classes.
Heritage Woods of Chicago	Edmond Taveirne	773-722-2900	<a href="mailto:administrator@hw-chicago-slf.com">administrator@hw-chicago-slf.com</a>	Medication management training, health education, health fairs, bingo games, raffles, light refreshments. Games, food and/or gifts (not to exceed value of \$25/person/event).
Home Bound Healthcare	Steve Barton	312-952-2156	<a href="mailto:sbarton@homeboundhealth.com">sbarton@homeboundhealth.com</a>	Health and wellness educational presentations.
Humana	Helen Buss	312-609-9758	<a href="mailto:hbuss@humana.com">hbuss@humana.com</a>	Educational presentations on understanding Medicare and Social Security benefits, health and wellness seminars, living healthier workshops, games & activities such as bingo or trivia (games, food and /or incentives); value not to exceed \$25/person/event.
Humana	Nelson Williams	773-383-8515	<a href="mailto:nwilliams20@humana.com">nwilliams20@humana.com</a>	Educational seminars and healthy lifestyle workshops for seniors, interactive workshops.
Humana	Silvia Franco-Spiegel	630-659-8533	<a href="mailto:sspiegel@humana.com">sspiegel@humana.com</a>	Educational presentations on understanding Medicare and Social Security benefits, health and wellness presentations.
Ico Care Home Health Agency	Belinda Brown	312-656-6852	<a href="mailto:belindabrown270@yahoo.com">belindabrown270@yahoo.com</a>	Health education including how to manage a mental health condition. Stress bingo, talking about fears, meditation and exercises.
Ideal Care Home Health Inc.	Jodi Hutch	847-749-0833	<a href="mailto:jhutch@idealcarehh.org">jhutch@idealcarehh.org</a>	Health and blood pressure screenings. (non-invasive)
JenCare Senior Medical Centers	Richard Larkin	773-918-4700	<a href="mailto:richard.larkin@jencaremed.com">richard.larkin@jencaremed.com</a>	Health and wellness programs and presentations.
Leap Consultant Group	Vernon Yancey	630-209-4002	<a href="mailto:vernonyancey@leapeg.com">vernonyancey@leapeg.com</a>	Fitness and nutrition workshops, educating seniors about programs that can help them save money, grocery tours.
Legacy Healthcare	Elliot Cohen	312-405-1842	<a href="mailto:ecohen@legacyhc.com">ecohen@legacyhc.com</a>	Provide CHA residents with education on: Alzheimer's, Dementia, Fall Prevention, Heart Health, Insurance/Medicare coverage, Lung health, Medication Management and Nutrition.
LifeSmart Senior Services	Richard Kozlowski	844-543-3762	<a href="mailto:rich@yourlifesmart.com">rich@yourlifesmart.com</a>	Medicare informational sessions.
McCormick Chamber of Commerce	Christine Bowden President/CEO	312-966-6076	<a href="mailto:bowdenchristine8922@yahoo.com">bowdenchristine8922@yahoo.com</a>	Yoga chair exercises, line and ballroom dancing exercises, pottery classes.
Mobile Care Chicago	Matt Siemer Executive Director	773-254-4030	<a href="mailto:msiemer@mobilecarefoundation.org">msiemer@mobilecarefoundation.org</a>	<b>Services for children only:</b> Provide comprehensive specialty care for children with chronic diseases (2 asthma van & 2 dental vans)
Molina Healthcare of Illinois	Staci Diggs Community Engagement Specialist	773-241-9873	<a href="mailto:Staci.Diggs@MolinaHealthcare.com">Staci.Diggs@MolinaHealthcare.com</a>	Health and wellness presentations, resource fairs, educational events, cooking classes.
New City Supportive Living	Aisha Burke	773-376-1223	<a href="mailto:marketing@newcity-slf.com">marketing@newcity-slf.com</a>	Educational presentations on health and wellness
New Visions Home Healthcare, Inc.	Katrina Albis	773-557-7810	<a href="mailto:newvisionshealth01@gmail.com">newvisionshealth01@gmail.com</a>	Informative and engaging trivia quizzes, games and musical interludes, health and wellness topics. Educate, inform and engage residents about vital health markers.
OakStreet Health	Mark Kruger	312-952-9838	<a href="mailto:mark.kruger@oakstreethealth.com">mark.kruger@oakstreethealth.com</a>	Blood pressure screenings, health and wellness presentations and education (various topics), organize walking clubs, host special events, provide access to community room activities at Oak Street health clinics.
OMNI Healthcare	Theresa Siaw	773-523-8600 Ext. 203	<a href="mailto:tsiaw@omnihealthil.com">tsiaw@omnihealthil.com</a>	Non-invasive screenings such as blood pressure, educational events, fall prevention, medication awareness, healthy eating, stroke awareness, nutrition classes, memory classes, art & jewelry classes (therapeutic), bingo
Onsite Health Care	Jorge L. Guzmán	224-338-4285	<a href="mailto:j.guzman@onsitehealth-care.com">j.guzman@onsitehealth-care.com</a>	Health and wellness programs, preventative care, nutritional, fall risks, wound care and benefits of staying active, Medicare workshops.
Oral Health America	Tina Montgomery Director of Programs	312-836-9900	<a href="mailto:tina.montgomery@oralhealthamerica.org">tina.montgomery@oralhealthamerica.org</a>	Workshops led by registered dental hygienist covering the basics of daily care.
Peak Performance	Dr. Steve Arculeo	312-420-2513	<a href="mailto:arculeo@aol.com">arculeo@aol.com</a>	Health and wellness programs, Lunch and Learn sessions to provide seniors with healthy tips

Peterson Park Healthcare Center	Danny Khananisho	773-478-2000	<a href="mailto:dannyk@petersonparkhcc.com">dannyk@petersonparkhcc.com</a>	Sponsor dinners/luncheons and events, host activities/games. Daniel Hudson Burnham Apts. only.
Roundy's Supermarket	Thomas L. Dalecki	312-475-9691	<a href="mailto:thomas.dalecki@roundys.com">thomas.dalecki@roundys.com</a>	Health and wellness presentations, educate seniors on immunizations, medications and proper drug/medication disposal. Flannery Apts. only
Rush University Medical Center-Department of Social Work and Community Health	Padraic Stanley, LCSW	312-942-2089	<a href="mailto:padraic_stanley@rush.edu">padraic_stanley@rush.edu</a>	Provide information on hepatitis, HIV and diabetes.
Silverado Hospice of Greater Chicago	Julie Stoneburner	847-565-2355	<a href="mailto:jstoneburner@silverado.com">jstoneburner@silverado.com</a>	Provide educational seminars on end of life issues, DNR/POLST forms and grief counseling.
Sinai Urban Health Institute	Alnierys Venegas	773-257-2540	<a href="mailto:alnierys.venegas@sinai.org">alnierys.venegas@sinai.org</a>	Provide information on breast health education and navigation services.
Spectrum Home Health Care Inc.	Alice Chiu	708-310-2735	<a href="mailto:spectrumhhc5901@gmail.com">spectrumhhc5901@gmail.com</a>	<b>Activities listed below can be conducted in English, Cantonese, Mandarin, Taishanese and Korean.</b> Medication management, health education, health fairs, bingo, raffles, light refreshments, non-invasive screenings such as blood pressure, fall prevention, healthy eating, stroke awareness, education sessions on chronic conditions, interactive activities.
St. Bernard Hospital	Danny Rollins	773-962-4038	<a href="mailto:drollins@stbh.org">drollins@stbh.org</a>	Health and wellness presentations (health information), mobile van access for health screenings, lab testing and vision services
Telligen, Inc.	Tracey Durns	630-928-5816	<a href="mailto:tdurns@telligen.com">tdurns@telligen.com</a>	Provide influenza and pneumococcal vaccination information. Provide mobile van for flu and pneumonia vaccinations (outside of CHA buildings), facilitate diabetes self-management courses.
UIC-Mile Square Health Center	Tina Lewis	312-413-2740	<a href="mailto:lewist@uic.edu">lewist@uic.edu</a>	Health education information and presentations on diabetes, mammograms, immunizations.
Ultimate Home Health Care	Mabel Osaghae, RN	773-779-3177	<a href="mailto:info@ultimatehomehealthcare.com">info@ultimatehomehealthcare.com</a>	Management of chronic conditions such as diabetes and heart failure, diet compliance and how to prevent constipation, health screenings such as blood pressure and weight.
University of Chicago	Liz Nida	773-702-3726	<a href="mailto:enida@bsd.uchicago.edu">enida@bsd.uchicago.edu</a>	Provide information on University of Chicago's Comprehensive Care Program Study
University of Chicago South Side Diabetes Project	Yolanda O'Neal	773-702-5019	<a href="mailto:yoneal@medicine.bsd.uchicago.edu">yoneal@medicine.bsd.uchicago.edu</a>	Presentations and education about diabetes and healthy eating, provide residents information about community projects. South Side of Chicago only.
University of Chicago Medicine Section of Geriatrics & Palliative Medicine	Jason Molony	773-702-9638	<a href="mailto:jmolony@medicine.bsd.uchicago.edu">jmolony@medicine.bsd.uchicago.edu</a>	Health and wellness educational sessions, topics include: cognitive decline and dementia, hearing loss, end of life care, assisted living and skilled nursing facilities, when to seek care, strength and balance, physical activity, depression, and other emotional issues, cardiovascular problems, arthritis, and getting the most out of physician visits.
University of Illinois at Chicago Institute for Health Research and Policy	Naoko Muramatsu, PhD	312-413-0485	<a href="mailto:naoko@uic.edu">naoko@uic.edu</a>	Recruit home care aide-client pairs in collaboration with Addus Home Care, conduct interviews and assessments with residents enrolled in the study
VCCF Home Care LLC	Sandra L. Fox	586-777-2115	<a href="mailto:sunderwood36@gmail.com">sunderwood36@gmail.com</a>	Provide information on health and resources, particularly for veterans, provide snacks for residents.
Veterans Home Care, LLC	Bonnie Laiderman	314-514-2444	<a href="mailto:bonnie@veteranshomecare.com">bonnie@veteranshomecare.com</a>	Health and wellness programs
Wellspring Healthcare Services Inc.	Richard Shroyer	630-842-7117	<a href="mailto:rshroyer@wellspringcare.com">rshroyer@wellspringcare.com</a>	Life enrichment programs, (computer class, cell phone information, Medicare/insurance discussions, blood pressure checks and yoga).
White Crane Wellness Center	Michael Svete Associate Director	773-271-9001	<a href="mailto:msvete@whitecranewellness.org">msvete@whitecranewellness.org</a>	Health and wellness presentations, SMP Medicare and Medicaid fraud prevention presentations/workshops.
Wound and Rehab Home Health Care Inc.	Siva Natarajan	630-258-4037	<a href="mailto:siva@woundandrehab.com">siva@woundandrehab.com</a>	Health and wellness programs, provide education on healthier living and lifestyle.